

INVITATION



Netaji Subhas Open University

Accredited by NAAC with grade A

Centre for Internal Quality Assurance (CIQA)

organizes webinar on

COVID-19: Managing Stress & Anxiety

Date: 5th June 2021

Time: 3pm

Venue: Digital Platform



All of us are now experiencing a critical time which we never thought before. To protect ourselves and the society at large, we are under lockdown and we don't know when the normalcy will be restored. We have already experienced a tremendous impact of the COVID-19 pandemic on health, education and economy all over the world. In this background the CENTRE for Internal Quality Assurance is going to organize a webinar on Covid-19: Managing Stress & Anxiety on 5th June 2021 at 3pm. on digital platform.

Learners, Teachers, Academic Counsellors, Coordinators and members of the Staff of the University are cordially invited to attend the webinar.

Please join with:

Meeting ID- 864 2156 5639

Zoom link - <https://us02web.zoom.us/j/86421565639>

YouTube link -<https://youtu.be/fnIdsUtCeIA>

Sd/-
Director, CIQA
25/5/2021